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Holy Trinity Church

Albert Place, Stirling, FK8 2RG

Issue 9
June 2022

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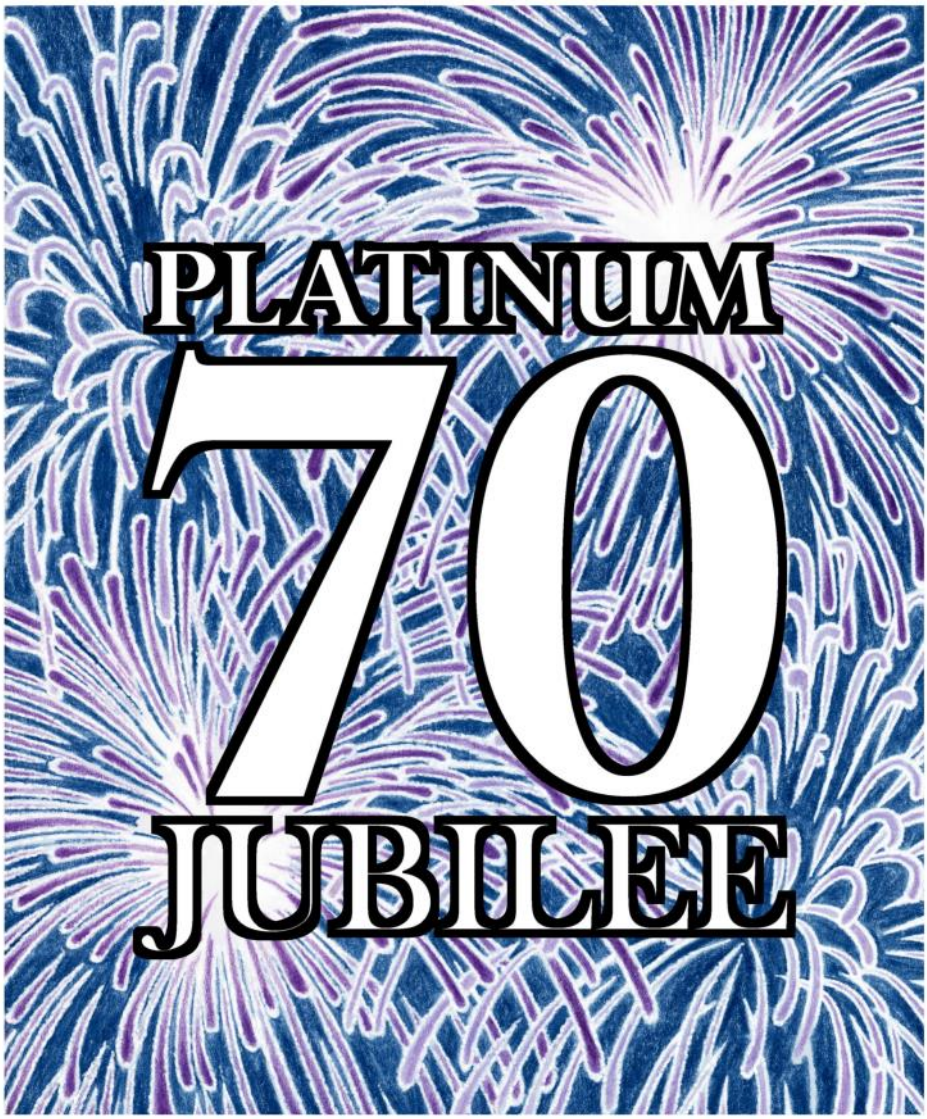

The Rector's Letter

Dear all,

One of the books I've read this spring, is *The Hidden Life of Trees* written by the forester Peter Wohlleben. A riveting read from start to finish, which I can very much recommend to you: the author describes some of the lesser-known factors at work in a forest and paints a fascinating picture of trees and other living elements, working together to form ecosystems (in language even I can understand!). Key to the message of the book is the insight that trees are social beings, 'sharing food with their own species and sometimes even go so far as to nourish their competitors' (*The Hidden Life of Trees*, p.3). But why would they do that? Wohlleben writes this:

'A tree is not a forest. On its own, a tree cannot establish a consistent local climate. It is at the mercy of wind and weather. But together, many trees create an ecosystem that moderates extremes of heat and cold, stores a great deal of water, and generates a great deal of humidity. And in this environment, trees can live to be very old. To get to this point, the community must remain intact no matter what. If every tree were looking out only for itself, then quite a few of them would never reach old age. Regular fatalities would result in many large gaps in the tree canopy, which would make it easier for storms to get inside the forest and uproot more trees. The heat of the summer would reach the forest floor and dry it out. Every tree would suffer.' (The Hidden Life of Trees, p.4)

As we observe the Feast of Pentecost and celebrate the coming of the Holy Spirit to the Church, we are reminded that Church is perhaps a bit like a forest: we need to work together, nourish and look out for each other, so that we may come to maturity in faith. It is no good nourishing only oneself and cutting out any 'competitors'; we have a common calling to share and to support one another as we form Christ's body in the world and grow in our understanding of God and as human beings.

Wishing you a happy growing season this Pentecost,

Christoph

The Rector's Letter

From the Registers

Funeral: Marion Graham 12th May 2022

May she rest in peace and rise in glory

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THE ROYAL SCHOOL OF CHURCH MUSIC

MUSIC SUNDAY

Celebrating music and musicians

12th June

Music is a vital part of our life as individuals and collectively, and an equally vital part of our life at Holy Trinity, in congregational song and in choral and instrumental contributions.

Although we celebrate the gift of music every time we meet, *RSCM Music Sunday* is a special way of marking the contribution of music and musicians to our spiritual life as a community at Holy Trinity.

We will be marking Music Sunday with a new song, simply written, by Paul Cookson and David Scott-Thomas:

We are the light in times of darkness,
we are the light, and we are love.
We are the hope that's burning brightly,
the light and love from Christ above.

Let's shine this light in every corner,
let's shine this light into the dark,
let's shine this light of Christ together
in every soul and every heart.

We may be weak and we may falter,
we may be candles in the wind.
But if we join as one together
then Heaven's light will not be dimmed.

Let's shine on those who would do evil
with Christ's own light so pure and true.
Let's shine on those who would bring darkness
stifling the good that we could do.

Oh, may we light the path for others,
illuminate the darkened road.
And banish shadows of injustice
to lighten every heavy load.

A Warwick

Is your house welcoming to swifts?

These boomerang-shaped little birds have recently been added to the list of endangered birds because they have a severe housing crisis: modern homes do not have nooks and crannies for them to nest in. Swifts are in serious decline: they have faced a 58 per cent drop in their numbers since 1995.

Because modern homes are less likely to have spaces between bricks and in the eaves, the RSPB is now pushing for special 'swift bricks', that contain small tunnels and nesting space, to be installed in new-build homes.

www.parishpump.org

Lent Appeal for Start Up Stirling

In addition to individual donations made directly to Start Up Stirling in response to the Lent Appeal the Sale of Tote Bags made by Revd. Joan Lyon and the donations made through Holy Trinity's account have enabled **£330** to be sent towards this cause.

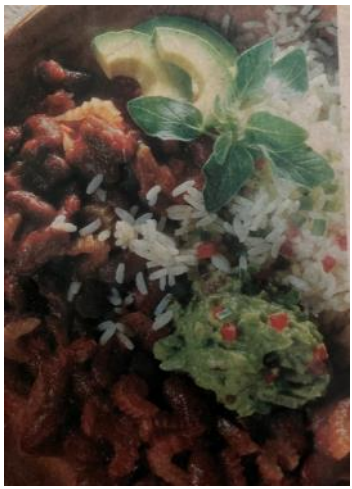
Ongoing rising costs, particularly of food and domestic fuel, and life crises have an acute effect on all households, particularly those on low incomes. Start Up Stirling helps to relieve poverty, suffering and distress of people in crisis across the Council area. Last year Start Up distributed more than 125,000 meals at their Foodbanks.

The baskets are available every week in the porch for continuing donations of food and other household items and there is always a need for money - see the Start Up Stirling website https://startupstirling.org.uk/how-to-help for suggestions and how to donate money.

Vegetarian Recipes

Thanks to all who responded to the request for a vegetarian recipe. Your taste buds are in for a treat. It's not too late to send one in for inclusion as there will be more in next month's edition. Ed

Vegetable chilli



4 tablespoons oil

1 large onion chopped

2 garlic cloves chopped

4 celery sticks chopped

1 red or yellow pepper chopped

1 large carrot chopped

14oz 425g can of chopped tomatoes

500ml 18floz carton of passata (sieved tomatoes)

Tin of kidney beans or chick peas (depends on preference)

½ teaspoon each dried thyme, dried oregano,ground cumin, and chilli powder

Seasoning

Heat oil in a large pan and fry the onion, garlic, celery , carrot and pepper for a few minutes.

Add the tomatoes, passata, herbs and spices and simmer for 20mins (or may take longer)

Check seasoning , if wanted add more chilli and a pinch of sugar.

Add beans or chick peas and warm through.

Serve with rice/ pitta bread soured cream and mashed avocado and lemon juice

Flavour improves if left overnight after cooking! *R Campbell*

Asparagus Risotto

Risotto agli asparagi

500g asparagus

1 medium onion

4 tsp olive oil

Salt

100g butter

300g arborio or risotto rice

100ml white wine, dry

black pepper

100g Parmesan, grated

Wash the asparagus and trim off the woody ends. Cut off the tops and keep aside. In case the asparagus spears are too thick, peel and then cut into chunks of about ½ inch.

Finely chop the onion. In a big pot fry half of the chopped onion with 2 tbsp olive oil, add the asparagus pieces and sauté for about 5 minutes. Add 2 pints of water and 1 tsp salt, bring to a light boil and let the stock simmer very gently.

Melt 50g butter with the rest of the chopped onions and sauté for 5-10 minutes on a very gentle heat. The onions should not brown. Add the rice and stir until the grains are well coated with butter. Pour the wine into the pot and stir until it has been fully absorbed. Add a ladleful of the hot stock and the asparagus pieces to the rice and cook on a medium heat, stirring continuously. Wait until the stock is almost fully absorbed before adding

the next ladleful. Continue to add the stock, a ladleful at a time, and cook the risotto for 18–20 minutes.

Take the risotto off the heat and stir in the remaining butter and the parmesan. Let it rest for a few minutes.

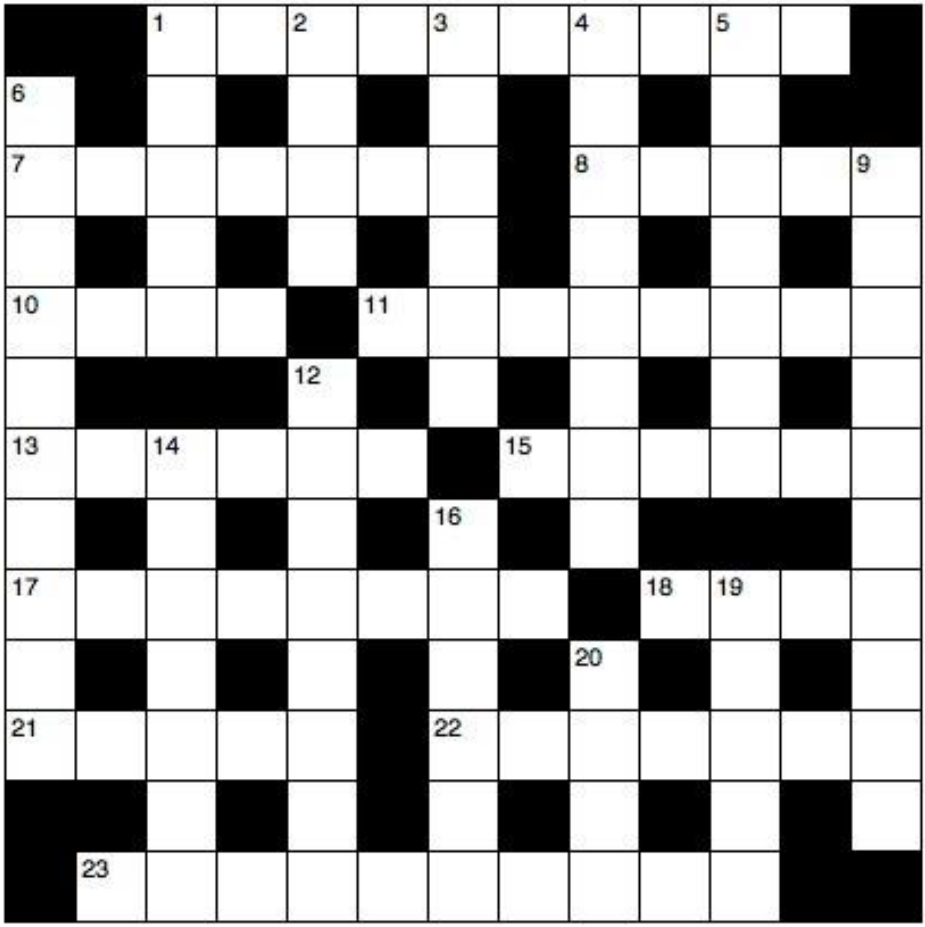
In the meantime, fry the asparagus tops in the remaining olive oil. Place a lid on the pan and fry for about 5 minutes. Sprinkle with salt and pepper.

Divide the risotto between 4 plates, sprinkle with more parmesan and top with the fried asparagus tops and some freshly ground pepper.

Enjoy! *U Wutscher*

Ulrike adds that a dry white wine goes nicely with the risotto-Riesling orGruner Veltliner.

Crossword



Across

1 Evil (Genesis 6:5) (10)

7 Musician called for by Elisha when he met the kings of Israel, Judah and Edom (2 Kings 3:15) (7)

8 The request that led to the institution of the Lord's Prayer: 'Lord, — us to pray' (Luke 11:1) (5)

10 'We are hard pressed on every—'(2Corinthians4:8) (4)

11 Fraud (2 Corinthians6:8) (8) ANSWERS ON PAGE 16

13 ‘His troops advance in force;they build a siege ramp against me and — around my tent’ (Job 19:12) (6)

15 Where Rachel hid Laban’s household gods when he searched his daughter’s tent (Genesis 31:34) (6)

17 ‘Now about spiritual gifts, brothers, I do not want you to be—’ (1 Corinthians 12:1) (8)

18 Nomadic dwelling(Genesis 26:25)(4)

21 ‘As for man,his days are like—,he flourishes like a flower of the field’ (Psalm 103:15) (5)

22 Or I live (anag.) (7)

23 Those guilty of 1 Across(Romans13:4) (10)

Down

1 ‘God so loved the — that he gave his one and only Son’ (John 3:16) (5)

2 ‘Away in a manger, no — for a bed’ (4)

3 Mob ten (anag.) (6)

4 ‘Each — group made its own gods in several towns where they settled’ (2 Kings 17:29) (8)

5 Began (Luke 9:46) (7)

6 Speaking very softly (John 7:32) (10)

9 Workers Ruth joined when she arrived in Bethlehem with her mother-in-law Naomi (Ruth 2:3) (10) 12 Put in jail(Acts22:19) (8)

14 Aceturn(anag.)(7)

16 Discharge(Acts21:3) (6)

19 ‘All these—come from inside and make a man “unclean”’ (Mark 7:23) (5)

20 ‘Let us rejoice and be glad and — him glory!’(Revelation19:7)(4)

Prayer Diary

I Wed **Justine**, martyr, 165, for our sides people and those who welcome us.

2 Thu **Marcellinus and Peter**, for the Rt. Revd. Ian Paton our Diocesan bishop.

3 Fri **Charles Lwanga** and companions, for all in our Media Group.

4 Sat **John XX 111** bishop of Rome, 1963, for the Roman Catholic Church.

5 Sun PENTECOST, that we may feel and know the Holy Spirit within us.

6 Mon **Norbert**, bishop, 1134, for Chaplains to the Armed Forces.

7 Tues our Altar servers, Brian, Jim, Carolyn and Mike.

8 Wed **Ephrem the Syrian**, deacon, 373, for Monastic Communities.

9 Thu **Columba**, Abbot, 597. for Revd. Val. Nellist our Assistant priest.

10 Fri for those who use the hall and for Sarah Shaw the convenor.

11 Sat **Barnabus**, Apostle, for Mary Kenyon our Flower Convenor.

12 Sun TRINITY SUNDAY, that we may always be strong in Faith!

13 Mon **Antony of Padua**, 1231, for Helen Kemp, our PVG Convenor.

14 Tues **Basil of Caesarea**, 379, for an end to all current wars in our world.

15 Wed for Alistair Warwick Musical Director, the Choir & Music Group.

16 Thu **Corpus Christi**, that we may be thankful for the gift of Communion.

17 Fri for Rachel Campbell Vestry Secretary and our Vestry members.

18 Sat **Bernard Mizeki**, martyr, 1896, for those suffering persecution today.

19 Sun PENTECOST 2, for all who suffer with mental illness.

20 Mon **Fillan,** Abbot, c750, for Cathy Johnston our Lay Representative.

21 Tues **Aloysius Gonzaga,** 1591, for our parliaments in Edinburgh & Westminster.

22 Wed **Paulinus of Nola**, bishop, 431, for those who read for us.

23 Thu for HTKidZ and for Sarah and Alistair Shaw.

24 Fri Birth of **John the Baptist**, for our church cleaners.

25 Sat **Moluag of Lismore,** bishop, 592, for Rt. Revd. John Crook.

26 Sun PENTECOST 3, as Christ looked hard towards Jerusalem so may we.

27 Mon **Cyril of Alexandria,** bishop, 444, for Robert Nellist our Treasurer.

28 Tues **Irenaeus of Lyons**, bishop & martyr, 202, for our local Councils.

29 Wed **Peter,** Apostle, for Revd. Christoph Wutscher our Rector.

30 Thu. First martyrs of Rome, 64, for those who prepare our Rotas.

Saints and Heroes to inspire our Prayers

1. St. Justin, martyr, born at the beginning of the second century, at Nablas in Samaria. His family were pagan. He was a philosopher and became a Christian at the age of thirty. He went to Ephesus, and then to Rome, where he established a school. He wrote many works in defence of Christianity, of which the two Apologies, and his Dialogue with Trypho survive. He gives us the earliest rite of baptism, and that of a Sunday Mass. He was martyred with six others during the time of Marcus Aurelius, about 165.

13 St. Antony of Padua, born at Lisbon, Portugal, in 1195; he first entered the Canons regular of St. Augustine, but after ordination, joined the Friars Minor. He had exceptional talent as a preacher, and was sent to preach throughout Italy and France. He was the first theologian of the Franciscan Order. He died in Padua in 1231 and was canonised in 1232.

22 St. Paulinus of Nola, bishop, born in Bordeaux I 335, son of a patrician Roman family, he became consul in 378. married and had a son who died in infancy. Ho owned large estates but renounced these when he was baptised in 389. Both he and his wife retired from the world. Paulinus was elected bishop of Nola in Campagna in 409. For twenty-two years he exercised a pastoral ministry at the service of the people. Many of his letters and poems have survived. He died in 431.

28 St. Irenaeus of Lyons, bishop & martyr, born at Smyrna about 130, a disciple of St. Polycarp, bishop of Smyrna. He was a priest at Lyon in France at the time of the persecution there and became bishop of the city when the previous bishop was martyred. He is known as a theologian, a powerful defender of the faith against the heresy of the Gnostics. He is thought to have been martyred about 200.

Readings June

Sunday 5th	**8.30am**	Holy Communion
PENTECOST	**10.30am**	Sung Eucharist
	Readings	Genesis 11.1-9; Acts 2.1-21; John 14.8-17
Sunday 12th	**10.30am**	Sung Eucharist
TRINITY SUNDAY	**Readings**	Proverbs 8.1-4, 22-31; Romans 5.1-5; John 16.12-15
Sunday 19th	**10.30am**	Sung Eucharist
PENTECOST 2	**Readings**	Isaiah 65.1-9; Galatians 3.23-29; Luke 8.26-39
Sunday 26th	**10.30am**	Sung Eucharist
PENTECOST 3	**Readings**	1 Kings 19-15-16,19-21; Galatians 5.1,13-25; Luke 9.51-62

Rotas June

	Readings	Intercessions
June 5	A Tyler	D Brown
June 12	D Brown	M Kenyon
June 19	M Kenyon	V Nellist
June 26	C Watson	R Nellist

	Sidesduty
June 5	A Lees & L Coats
June 12	B & C Watson
June 19	F MacLeod & Volunteer
June 26	J Foster & Volunteer

Articles for the **July/August double** edition are requested on or before

Sunday 12th June

The magazine will be available on

Sunday 26th June

Techie trouble

The vicar had technical problems with the sound system one Sunday. Instead of starting the service as usual with 'The Lord be with you', he said: "There's something wrong with the microphone. "Not hearing this, the congregation responded: "And also with you."

**

Be sticky

Consider the postage stamp. Its usefulness consists in its ability to stick to one thing until it gets there.

**

Maths lesson

The only place where you can buy 64 watermelons without anyone wondering why.

**

Don't fool me

A three-year-old put his shoes on by himself. His mother noticed the left was on the right foot. She said, "Sam, your shoes are on the wrong feet." He looked up at her and said, "Don't kid me, Mum, I KNOW they're my feet." *www.parishpump.org*

Crossword Answers

ACROSS: 1, Wickedness. 7, Harpist. 8, Teach. 10, Side. 11, Impostor. 13, Encamp. 15, Saddle. 17, Ignorant. 18, Tent. 21, Grass. 22, Olivier. 23, Wrongdoers.

DOWN: 1, World. 2, Crib. 3, Entomb. 4, National. 5, Started. 6, Whispering. 9, Harvesters. 12, Imprison. 14, Centaur. 16, Unload. 19, Evils, 20, Give.

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Contacts

RECTOR: **Rev Christoph Wutscher,** 4 Bracken Lane, Stirling FK9 5AB Tel: 01786 359821
Email: rector@holytrinitystirling.org

HON ASSISTANTS:
Rt Rev John Crook, 163 Lothian Crescent, Stirling FK9 5SG
Tel: 01786 359881 *Email: johnmcrook99@gmail.com*
Rev Val Nellist, 28 Glamis Gardens, Dalgety Bay, Fife KY11 9TD
Rev Graham Willey, 9 Victoria Terrace, Menstrie, FK11 7EE
Tel: 01259 761932

HON SECRETARY AND ALTERNATIVE LAY REP: **Rachel Campbell,** 12 Northend, Cambusbarron FK7 9LJ
Tel: 01786 451103 *Email: secretary@holytrinitystirling.org*

TREASURER: **Robert Nellist,** 28 Glamis Gardens, Dalgety Bay, Fife KY119TD
Tel: 01383 824066 *Email: treasurer@holytrinitystirling.org*

LAY REPRESENTATIVE: **Cathy Johnston,** 5 Snowdon Place, Stirling FK8 2NH
Tel. 01786 471406 Mob. 0771 892 1181 *Email: cathymjohnston@gmail.com*

ROTA SUPERVISOR: **Ann Lees** (see Magazine Production)

CONVENOR OF FABRIC & BUILDINGS COMMITTEE: Vacancy

VESTRY MEMBERS: **Rector, Rachel Campbell, Cathy Johnston, Robert Nellist, Ian Boa**
Carol Kendall, Carolyn Lawson, Nick Morris, Anne Pittock, Gen Pont, Brian Shanks, Andrew Tyler

DIRECTOR OF MUSIC: **Alistair Warwick,** Ardarroch, Glen Road, Dunblane FK15 0GY
Tel: 01786 823000 Mob: 0779 256 6349 *Email: hts@alistairwarwick.com*

VERGER: **Brian Shanks:,** 15 Richard Quinn Street, Cowie, FK7 7DU Tel: 01786 817191 Mob: 07870444861

FLOWER CONVENOR: **Mary Kenyon,** Easter Culmore, Kippen FK8 2JQ Tel: 01786 870360
Email: maryelizkenyon@gmail.com

HALL CONVENOR: **Sarah Shaw** *Email: shaws1@talktalk.net* Mob:0797 046 6551

SAFEGUARDING PVG CO-ORDINATOR: **Helen Kemp,** 1 Grendon Court, Stirling FK8 2JX
Tel: 01786 479400 *Email: heleninstirling@talktalk.net*

MOTHERS UNION: **Helen Kemp, Mary Kenyon,** *see Safeguarding PVG Co-ordinator & Flower Convenor*

MAGAZINE PRODUCTION: **Libby Coats,** 28 Snowdon Place, Stirling FK8 2JN: Tel: 01786 479785
Email: lib.coats@gmail.com **Liza Green** Tel: 01786 200180 *Email: liza_swan_green@yahoo.co.uk*
Ann Lees Tel 01786 472355 *Email: leesa@postmaster.co.uk*

Our Services

Sundays

10.30 a.m. Sung Eucharist

At present Sunday school (HTKidZ) for primary age children is not meeting regularly but if you would like information on planned activities (Government guidelines permitting) please contact Sarah or Alistair Shaw at shaws1@talktalk.net

Organisations Meeting in the Church Hall

Mondays
10-12 HT Tots Gen Pont gandapont@yahoo.co.uk
3.30-5.30pm Destination Judo: info@destinationjudo.com
6pm Mindbodysoul Yoga: grant@mindbodysoulyoga.co.uk

Tuesdays
10-11am Pilates: judithgraham090@gmail.com
6.30pm Lishi Self Defence: grant@lishi.org

Wednesdays
11-12 Action in Mind Fitness: Mariclaire15@hotmail.com
7pm SABOS: sabosmusicaltheatre@gmail.com

Thursdays
11am Stirling Community Lunch: stirling4community@gmail.com
4-7pm Dance: kimmybruce@hotmail.com
7pm Stirling4 Community Choir

Saturdays
9-10am Babyballet: lpattison@hotmail.co.uk

The church hall is available for further lettings in line with Government guidance. If you would like to rent the hall please contact Sarah Shaw on 07970466551 or shaws1@talktalk.net to discuss our risk assessment and terms of letting during COVID19.