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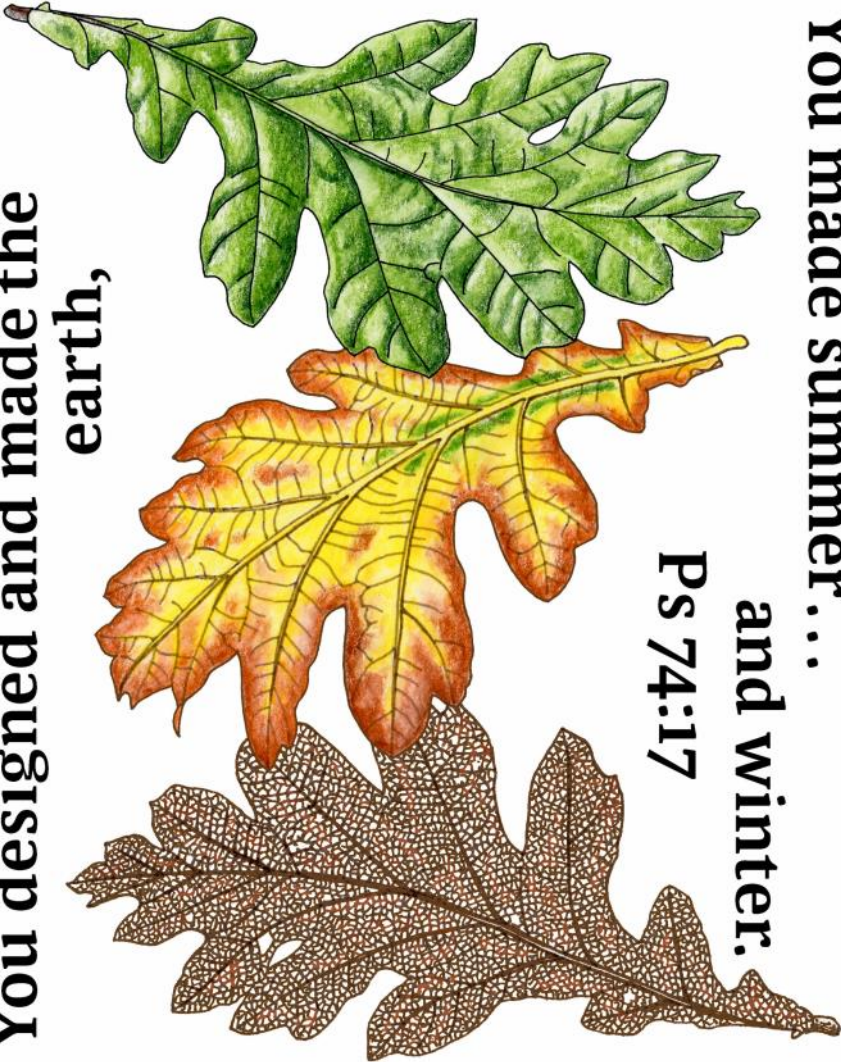
Holy Trinity Church

Albert Place, Stirling, FK8 2RG

Issue 2
October 2023

Scottish Charity: SC016471

**You designed and made the
earth,**



**Ps 74:17
and winter.**

You made summer...

The Rector's Letter

Dear all,

Seven years ago, in October 2016, I wrote my first Rector's Letter for the HT Magazine after having arrived in Stirling. In that letter, I wrote this:

'I am very much looking forward to meeting all of you and to sharing the journey of Christian discipleship in all its different shapes, forms and guises. Holy Trinity is certainly a good place for this journey and I am curious as to where our path(s) will take us as we travel together.'

I find this still very much true seven years later: HT is a good place for sharing a journey and I am still curious where God is taking us as we combine our individual paths to walk the Way of Christ.

While, in biblical terms, seven is a number of perfection & completion (think, for example, about the story of creation, stretched over a period of seven days), there is nothing perfect or complete about our joint journeying these past seven years – and how could there be? God is always calling us, nudging us, inspiring us to explore new stretches of the road set before us. What we can trust in, however, is that God is with us as we travel together.

A prayer for the road:

My dearest Lord,

be thou a bright flame before me,

be thou a guiding star above me,

be thou a smooth path beneath me,

be thou a kindly shepherd behind me,

today and for evermore.

(attrib. St Columba)

Yours in Christ, *Christoph*

From the Registers

Funeral: **Raymond Kemp** 19th September

Funeral: **Sheila Edna Hartley** 22nd September

May they rest in peace and rise in glory

Our Services

Sundays

8.30am Holy Communion

10.30am Sung Eucharist

Thursdays

11.00am Holy Communion

At present Sunday School (HTKidZ) meets according to demand.

Contact Gen Pont for further information: gandapont@yahoo.co.uk

HT Youth Fellowship meets monthly on Saturday evenings. Contact Sarah and Alistair Shaw for information: shaws1@talktalk.net

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Young Adults Group

After a successful first few months of regular Tuesday evening meetings culminating with a summer BBQ with some guests, the Young Adults' Group has just restarted at the beginning of September 2023. We covered a variety of topics –getting to know you, light touch art therapy, potluck supper from different countries, prayer pathways to God, games nights, silent walk round garden and labyrinth at Stirling University and a great trip to the V&A Museum in Dundee with its fantastic tartan exhibition. We ended the term with the very sociable BBQ.

New members have come along for our first meeting this term and the leaders' team is James Gardner and Revds Joan Lyon, Rebekah Sims, and Rachael Wright. Plans for the future include a film night at Macrobert Centre, the origins of fixed hour prayer, potluck supper, a walk up Dumyat or other peak, exploring what the Liturgy is in the Scottish Episcopal Church, an Anyone can Sing evening (with Ulrike Wutscher) , an Introduction to Chinese Philosophy, Spirituality and Music, an overview of the Provincial Net Zero initiative (with Cathy Johnston) and, of course, more games! I don't think we'll be bored.

We hope to link up with the Stirling University Episcopal Chaplain, Revd Jon Connell. Please pray for our young people – the future of our churches.

Revd Joan Lyon

Articles for the November edition are requested on or before

October 15th

The magazine will be available on

October 29th

Support Holy Trinity

Don't forget one easy way to support Holy Trinity - sign up for FREE on #easyfundraising, and raise donations whenever you shop online with over 7,000 brands including John Lewis & Partners, Argos, M&S, Supermarkets and more. Plus, once you've raised your first £5, easyfundraising will double it!. Sign up through this QR Code or <https://www.easyfundraising.org.uk/search/cause/?q=holy%20trinity%20stirling&cat=cause>



Robert Nellist, Treasurer



Pastoral Care at HT

As part of our pastoral care we are placing a tree ornament at the back of church and inviting people to hang a label on the tree with a prayer, thought or concern on it for friends and neighbours. Please use first names only.

Libby Coats

Crossword Answers

ACROSS: 1, Deacon. 4, Appear. 7, Wits. 8, Heavenly. 9, Argument. 13, Mob. 16, Broken-hearted. 17, Ran. 19, Suddenly. 24, Obstacle. 25, John. 26, Enable. 27, Market.

DOWN: 1, Dawn. 2, Afternoon. 3, Nehum. 4, Again. 5, Prey. 6, All to. 10, Users. 11, Ephod. 12, Trace. 13, Metalwork. 14, Body. 15, Eber. 18, Alban. 20, Uncle. 21, Dream. 22, Stab. 23, Gnat.

Scottish Churches China Group

Scottish Churches China Group (SCCG) sent us news of their Autumn Plenary held in September. It was entitled **Post-Covid**

Partnerships in China and Dr Sally Boa head of Education, Research and Practice Development at Strathcarron Hospice and Honorary Research Fellow at Stirling University was a key speaker. In 2011, the



SCCG enabled Sally to visit Shengjing Hospital in Shenyang where she ran a training course for rehabilitation staff. When she began work in Strathcarron Hospice, her focus moved to the work of Palliative Care staff, and this included oversight of a two-week placement for one of Dr Wang Yumei's staff from Shengjing Hospital.

SCCG is currently discussing with Sally an innovative online project that would link Strathcarron Hospice and the Palliative Care ward at Shengjing Hospital using the 'Project ECHO' model for sharing expertise and mutual learning.

Prayer for China

Please pray for:

- Those in China living in poverty with limited or no access to health and education resources.
- Our partners working on the frontline alongside people in difficulty and need.
- Peace in a time of increased domestic and international tensions.
- The peace which passes all understanding, and a knowledge for all, of the love of God.

If you'd like to learn more about the Scottish Churches China Group, or to become involved with their work, please email PatriciaJohnston: patricia.johnston@sccg.org.uk

Stirling4Community

Stirling 4Community does what it says in its name; it responds to community needs and aims to address loneliness and isolation by creating an environment where friendship and a sense of belonging can thrive. At HT we are very fortunate to host two of the groups in our church hall.

These are a lunch club and a choir. The lunch club meets every Thursday from noon till 1.30pm for a light lunch and an activity or entertainment. It is primarily for older people and for those living with dementia. However there are younger people there and the age range is from 30 to 91. You can just turn up and the charge is £4. Please contact Paula for further information about the lunch club and the choir. She is very helpful.



Phone: 07974 371089

Email: paulafreckstirling4community@gmail.com

TreeLink

In the September edition an article about HT's Flourishing Future group highlighted some organisations with which our church is linked. One of them is TreeLink. This charity grows new trees and supports community tree planting. Its Autumn Gathering is on **28th October 10am till 12noon**

in the Stirling Guide Hall, Glebe Avenue. Entrance is free.



According to their website a Big Idea will be revealed at the gathering. "an exciting proposal for trees in and around Stirling." Head along there to meet other tree enthusiasts and

find out about the proposal.

You can find out all about the charity by going to the website:

treelinkstirling.org



I'm not sure if many people will have heard about Cursillo in this diocese as it's not currently very active here. So I thought I would take this opportunity to share this with you.

I moved up to Stirling a year ago from the Scottish Borders, where I was introduced to Cursillo several years ago. It's made a huge difference to my spiritual life, and I now have many friends across Scotland in the Episcopal church.

So, what is Cursillo? It's a movement of the Church and offers everybody ways to use their faith in their everyday lives. In Scotland, it operates within the Scottish Episcopal Church which is part of the worldwide Anglican Communion. Cursillo is a Spanish word (pronounced kur-see-yo) which means "short course". The full title (Cursillo de Cristiandad) means "a short course in being a Christian".

The Cursillo Movement hopes to assist people on their Spiritual journey through a greater longing to know and to serve their Lord more effectively within their congregation and the community in which they live and work.

It doesn't take anything away from what we already do within the church but can help to develop our individual gifts for Christian service and leadership. It is based on a simple discipline of prayer, study and action and its purpose is to support the church in its mission by encouraging its members to examine their journey of Faith.

Cursillo is for those members of congregations who are already committed in their Christian lives and is intended to be a partnership between lay people and clergy. Cursillo is part of the Church, and is nurtured and sustained by its teaching, by prayer, the sacraments, and spiritual direction, and by the mutual support of small and larger groups of fellow Christians.

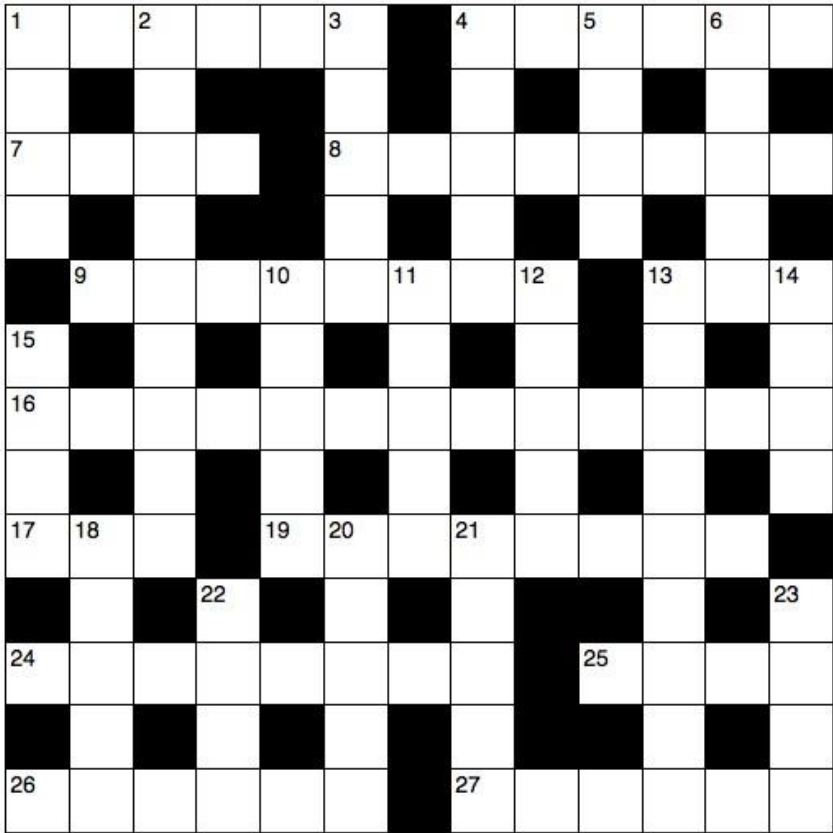
Cursillo

There are two indispensable parts of Cursillo

1. **The Cursillo Weekend** which is three days long, generally from early Thursday evening to late Sunday afternoon. It is led by a team of lay people and clergy. The Eucharist is celebrated daily and worshipping together is at the heart of all that takes place on the weekend. There are a series of talks given by both lay and clergy members of the team on some of the fundamental elements of Christian life and faith. This is followed by the opportunity to discuss these talks in small groups and there's time for prayer and for quiet reflection. Learning, praying, sharing, singing, and living together is the basis of discovering what it means to say: "We are the body of Christ."
2. The Cursillo weekend is not intended to be an end in itself. There is continuing support afterwards as we are encouraged to build on our weekend experience, to grow in faith, and to develop our individual gifts as we try to serve the Lord in all aspects of our lives: in our families, workplaces, and congregations. This is done through Group Reunions and Area meetings.

Group Reunions are regular, short, meetings of three or four people for mutual support and encouragement using a framework of prayer, study and action. **Area Meetings** are larger meetings, held every few weeks, short enough to fit into a busy life, for both lay people and clergy who have participated in a weekend. There is a pattern of informal worship, Christian witness, and sharing in small groups.

If you would like to know more about Cursillo, please speak with me (*Karen Ellis*) or check out the website cursilloinScotland.org



Across

- 1 He must be ‘the husband of but one wife and must manage his children and his household well’ (1 Timothy 3:12) (6)
- 4 ‘For we must all — before the judgement seat of Christ’ (2 Corinthians 5:10) (6)
- 7 ‘They reeled and staggered like drunken men; they were at their — end’ (Ps 107:27) (4)
- 8 See 19 Across
- 9 It concerned who among the disciples would be the greatest (Luke 9:46) (8)
- 13 Formed by the Jews in Thessalonica to root out Paul and Silas (Acts 17:5) (3)
- 16 ‘He has sent me to bind up the — ’ (Isaiah 61:1) (6-7)
- 17 Moved rapidly on foot (Matthew 28:8) (3)

- 19 and 8 ' — a great company of the — host appeared with the angel' (Luke 2:13) (8,8)
- 24 Hindrance (Romans 14:13) (8)
- 25 Comes between Luke and Acts (4)
- 26 Empower (Acts 4:29) (6)
- 27 'Get these out of here! How dare you turn my Father's house into a — !' (John 2:16) (6)

Down

- 1 Sunrise (Psalm 119:147) (4)
- 2 The part of the day when Cornelius the Caesarean centurion had a vision of an angel of God (Acts 10:3) (9)
- 3 He was one of those who returned with Zerubbabel from exile in Babylon to Jerusalem (Nehemiah 7:7) (5)
- 4 'No one can see the kingdom of God unless he is born — '(John 3:3) (5)
- 5 Animal hunted or killed as food (Ezekiel 22:25) (4)
- 6 'He encouraged them — — remain true to the Lord' (Acts 11:23) (3,2)
- 10 Ruses (anag.) (5)
- 11 Jewish priestly vestment (Exodus 28:6) (5)
- 12 Visible sign of what had been there (Daniel 2:35) (5)
- 13 This was the trade of Alexander, who did Paul 'a great deal of harm' (2 Timothy 4:14) (9)
- 14 'This is my — , which is for you; do this in remembrance of me' (1 Corinthians 11:24) (4)
- 15 One of Noah's great-great-grandsons (Genesis 10:24) (4)
- 18 Traditionally the first British Christian martyr (5)
- 20 Relationship of Ner to Saul (1 Samuel 14:50) (5)
- 21 Jacob had one at a place he named Bethel while on his way to Haran, fleeing from Esau (Genesis 28:12) (5)
- 22 Bats (anag.) (4)
- 23 'You strain out a — but swallow a camel' (Matthew 23:24) (4)

Prayer Diary October 2023

Sun 01 Pentecost 18

Mon 02 For Church Treasurers everywhere

Tue 03 For all who minister in our Church

Wed 04 Francis of Assisi, Deacon and Friar, 1226, for all who work in conservation

Thu 05 For the Team who produce our Church Magazine

Fri 06 For all volunteers in Youth Organisations

Sat 07 For the work of SSAFA

Sun 08 Pentecost 19

Mon 09 For all who fear the darkness in their lives

Tue 10 For all who facilitate learning and for their students

Wed 11 Kenneth, Abbot, 600, for all who live in the Hebrides and Northern Isles

Thu 12 Elizabeth Fry, 1845, for the victims of female genital mutilation

Fri 13 For our Bishop Ian

Sat 14 For the work of the Samaritans

Sun 15 Pentecost 20

Mon 16 For HTTOTS

Tue 17 Ignatius of Antioch, Bishop and Martyr, c115, that we keep a vision of true faith in our lives

Wed 18 For all refugees and displaced persons

Thu 19 Henry Martyn, Priest and Missionary, 1812, for Christians in India and Pakistan

Prayer Diary October 2023

Fri 20 For the work of the Stirling Street Pastors

Sat 21 For all who are in the role of parents

Sun 22 Pentecost 21

Mon 23 James of Jerusalem, Martyr, c62, for a just peace in Israel

Tue 24 For all who work in retail

Wed 25 For seafarers everywhere

Thu 26 For the peoples of Iraq, Syria and Afghanistan

Fri 27 For the work of the Emergency Services

Sat 28 Simon and Jude, Apostles, for all who have lost hope

Sun 29 Pentecost 22

Mon 30 For our Armed Services

Tue 31 For all who grieve the loss of someone they love



Please come and support the Annual Stirling Christian Aid Coffee Morning which will be held on Saturday 21st October 2023

Venue:
Park Church Main Hall
From 10 am to 12noon
Tea, Coffee, Home baking and conversation
Everyone welcome!



Readings October 2023

Sunday 1st	8.30am	Holy Communion
PENTECOST 18	10.30am	All Age Eucharist
	Readings	Deuteronomy 26.1-11; 2 Corinthians 9 6-15; Matthew 6.25-33
Thursday 5th	11am	Holy Communion
Sunday 8th	8.30am	Holy Communion
PENTECOST 19	10.30am	Sung Eucharist
	Readings	Isaiah 5.1-7; Philippians 3.4b-14; Matthew 21.33-46
Thursday 12th	11am	Holy Communion
Sunday 15th	8.30am	Holy Communion
PENTECOST 20	10.30am	Sung Eucharist
	Readings	Isaiah 25.1-9; Philippians 4.1-9; Matthew 22.1-14
Thursday 19th	11am	Holy Communion
Sunday 22nd	8.30am	Holy Communion
PENTECOST 21	10.30am	Sung Eucharist
	Readings	Isaiah 45.1-7; 1 Thessalonians 1.1-10; Matthew 22.15-22

Readings October 2023

Thursday 26th	11am	Holy Communion
Sunday 29th	8.30am	Holy Communion
ALL SAINTS	10.30am	Sung Eucharist
	Readings	Revelation 7.9-17; 1 John 3.1-3; Matthew 5.1-12

Rotas September 2023

	Readings	Intercessions
1st October	M Kenyon	A Pont
8th October	C Watson	D Brown
15th October	L Green	A Shaw
22nd October	J Morris	I Boa
29th October	T Mitchell	C Hyde

Sidesduty

1st October	B and C Watson
8th October	C Kendall and A Lees
15th October	J and N Morris
22nd October	L Coats and J Foster
29th October	H Kemp and F Macleod

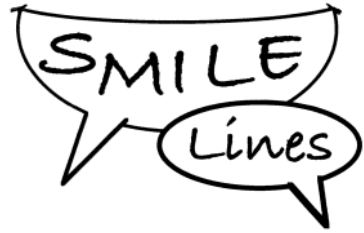
From medical records....

~ On the second day, the knee was better and on the third day it had completely disappeared.

~ The patient has been depressed ever since she began seeing me in 2022.

~The patient was released to the Outpatient department without dressing.

~ She is numb from the toes down.



**

Chicken and pig

A chicken and a pig were walking by a church where a gala charity event was taking place. Getting caught up in the spirit of the fun, the chicken suggested to the pig that they each contribute to the meal. "Let's offer them ham and eggs!" "Not so fast," said the pig. "For you, that's a contribution. For me, it's a total commitment."

Here's a tip

Lean outside and ring your own doorbell on your way to bed at night. This will clear the dogs off the bed long enough for you to get in and be comfortable.

Past & present

As half-term ended, the English teacher returned to teaching with a sigh. He felt nostalgic. He found the past perfect and the present tense.

www.parishpump.co.uk

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The views expressed in this magazine are not necessarily those of the editorial team.

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Organisations Meeting in the Church Hall

Mondays

10-12noon HTTots Gen Pont: gandapont@yahoo.co.uk

4.00-5.30pm Destination Judo: info@destinationjudo.com

6.15-7.45pm Mindbodysoul Yoga: grant@mindbodysoulyoga.co.uk

Tuesdays

10-12noon Pilates: judithgraham090@gmail.com

6.30-8pm Lishi Self Defence: damien@lishi.org

Wednesdays

9.15-10.15 Pilates Mini Ball Class: Jackie.govan@live.com

11.30-3pm Tea Dance (last Wednesday in the month):
stirling4community@gmail.com

5-7pm Dance: francescahamill@icloud.com

7-9pm SABOS: sabosmusicaltheatre@gmail.com

Thursdays

11-2pm Stirling Community Lunch: stirling4community@gmail.com

4-7pm Dance: kimmybruce@hotmail.com

7pm Stirling4 Community Choir

Fridays

10-12 noon Art Group: stirling4community@gmail.com

2-5pm University of the Third Age (monthly):
membership@fvu3a.org.uk

Saturdays

9-10am Babyballet: lpattison@hotmail.co.uk

The church hall is available for further lettings. If you would like to rent the hall please contact Sarah Shaw on 07970466551

or shaws1@talktalk.net